



## Prophilo Body Aftercare

Hyaluronic acid is a substance naturally found inside the human body so a reaction to this substance is extremely rare.

Immediately after the treatment, there may be slight redness, swelling, tenderness and an itching sensation in the treated area. These reactions are temporary and generally disappear within a few hours at the most a couple of days. If it continues or if other reactions occur, please contact us.

Avoid touching the treatment area for 6 hours after the treatment. After that the area can be washed with a gentle cleanser and sterile make up can be applied.

Until the initial swelling and redness have resolved, do not expose the treated area to intense heat (e.g., solarium and sunbathing) or extreme cold. Avoid strenuous exercise and swimming to avoid the risk of infection.

If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another eruption of cold sores. Please treat one as soon as you see / feel a symptom and contact us to inform us.

If you are using aspirin, NSAIDS or any similar medication (e.g., anticoagulant drugs), be aware that these may increase the bruising and bleeding at the injection site.

Avoid alcohol for 24 hours before and after treatment.

Apply SPF50 sunscreen daily.

If you are having any further cosmetic procedures, please discuss this with your practitioner.

Do not massage the treatment area unless instructed to do so.

Results can depend on the compliance with aftercare and individual factors so cannot be guaranteed. You will usually need a second session after 4 weeks if this is your first treatment or longer than 6 months has passed since your last one.

In case of queries or for urgent advice please call your practitioner on:

**07468 526494**

